

Anger Awareness



Does your anger affect your relationships?

Does your anger get you into trouble?



Would you like help to manage your anger?

Sycamore Counselling Service in Nuneaton are offering a series of 4 workshops followed by 8 sessions of individual counselling in

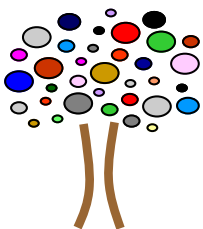
Anger Awareness

This FREE course will help you to explore how your anger affects you.

For more information please contact

Sycamore Counselling Service on 02476 744 544 or
email:

sycamorecounselling@yahoo.co.uk



Funding provided by Ron Ball, Warwickshire's Police and Crime Commissioner with the support of the Nuneaton and Bedworth Safer Communities Partnership

